



NOVEMBER 2020: Breakfast Express Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| 2 | Election Day 3 | 4 | 5 | 6 |
| Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice | Cinnamon Burst Pancakes Seasonal Fresh Fruit | Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice | Upstate Farms® Yogurt Choice Assorted Cheese Sticks Fresh New York Apples | Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit |
| 9 | 10 | Veterans Day 11 | 12 | 13 |
| Fruity Cheerios® Graham Crackers 100% Apple Juice | Zucchini Loaf Seasonal Fresh Fruit | Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice | Yogurt Parfait Fresh New York Apples | Assorted Muffins Assorted Cheese Sticks Seasonal Fresh Fruit |
| 16 | 17 | 18 | 19 | 20 |
| Apple Cinnamon Cheerios® Graham Crackers 100% Orange Tangerine Juice | Pillsbury® Mini Maple Pancakes Seasonal Fresh Fruit | Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice | Upstate Farms® Yogurt Choice Assorted Cheese Sticks Fresh New York Apples | Sweet Potato Oatmeal Muffin Seasonal Fresh Fruit |
| 23 | 24 | 25 | Thanksgiving Recess 26 | Thanksgiving Recess 27 |
| Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice | Cinnamon Burst Pancakes Seasonal Fresh Fruit | Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice | Upstate Farms® Yogurt Choice Assorted Cheese Sticks Fresh New York Apples | Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit |
| 30 | | | | |
| Fruity Cheerios® Graham Crackers 100% Apple Juice | | Breakfast on Tuesday Wednesday and Friday May Be Served Warm | EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN | |

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| Milk* 1% Low-fat Fat Free Fat Free Chocolate *Alternative options are available upon request | Breakfast After the Bell Grab and Go | Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats | 100% Fruit Juice Apple, Fruit Punch, Grape, Orange | OFNS has an extensive Prohibitive Ingredients List available at: schools.nyc.gov/nutritioninformation |
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ATTENTION: All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.